Finding a Clinical Trial

So you are interested in taking part in a clinical trial. Before you start you should read the NHS webpage on Clinical Trials at https://www.nhs.uk/conditions/clinical-trials/. Alternatively you may like to read the 3-part article on trials in *Barnabas Bulletin* issues 35, 36 and 37 which can be found on our website at https://barnabasvoices.org.uk/barnabas-

If, having read all that, you are still interested the following are the main resources for finding trials for your specific condition or interest.

bulletin-back-numbers/.

- First of all you may wish to ask your GP or consultant. They may know of a relevant trial. (Or in very rare instances they may explain why a trail would be inappropriate in your case.)
- The main register of UK-based trials is NIHR
 "Be Part of Research", https://bepartofresearch.nihr.ac.uk/. You need to register at this site and can then search for trials.
- 3. Some health charities fund or run trials, see for instance:
 - Versus Arthritis: https://www.versusarthritis.org/research/our-current-research/
 - Cancer Research UK: https://www.cancerresearchuk.org/about-cancer/find-a-clinical-trial
 - Multiple Sclerosis Society: https://www.mssociety.org.uk/research/take-part-in-ms-research/be-in-a-study
 - Target Ovarian Cancer: https://
 targetovariancancer.org.uk/about-
 ovarian-cancer/clinical-trials
 - Parkinson's UK: https://www.parkinsons.org.uk/research/take-part-research

- Blood Cancer UK: https://bloodcancer.org.uk/understanding-blood-cancer/clinical-trials/
- Alzheimer's Research UK: https://www.alzheimersresearchuk.org/
 research/getting-involved-in-research/

Or search for the charity concerned with your condition.

- 4. Internationally the World Health Organisation (WHO) have a "Clinical Trials Registry": https://www.who.int/clinical-trials-registry-platform. This contains details of trials in many countries; some trials will be multi-national so may be appropriate for you.
- 5. There is also the US National Library of Medicine "Clinical Trials Registry": https://www.clinicaltrials.gov/. As one might guess this covers trials based in the USA, but again some may be multi-national.

Good luck!