

Barnabas PPG

From: Barnabas PPG <barnabas.ppg@gmail.com>
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To: Barnabas PPG
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Attachments: Tier_4_Poster.pdf; Cold_Weather+COVID-19.pdf; In_Touch_110+111.pdf; PPG_Minutes_20201118.pdf

To All Barnabas PPG Members ...

[Printed copies to those PPG members without email]

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to the January bulletin for Barnabas PPG members.

First of all a Happy New Year to everyone. Let's hope that 2021 turns out better than last year – it will have to try hard to be worse!

Apart from the Coronavirus situation there isn't a lot of healthcare news this month.

Coronavirus

Well, what a right pickle we're in. With now two vaccines approved in UK, there's light at the end of the tunnel – except that the tunnel has just got longer with the appearance of this new, more infectious, strain of Covid-19. And as I write we're being promised even more restrictions.

So like a majority of the country London is under Tier 4 rules and additionally there are changes to school opening.

Essentially this means **STAY AT HOME**.

I've attached a copy of the poster with the full rules.



Please, please, please be sensible and follow the rules.

This new variant of the Covid-19 virus appears to be almost twice as infectious as the original strain – so every time the rules are ignored is going to have a huge effect on us all as individuals and on the already overstretched hospitals. While the new variant seems not to cause a higher percentage of serious disease, as it is more infectious, more people will be infected so the numbers of the seriously ill must rise.

PPG News

PPG Meetings

Our next **Informal Video Call is on Thursday 7 January at 1000**. Join with this link:

<https://us02web.zoom.us/j/7279594414?pwd=VmYwODdoWGQ2eTFvTVJvVlZyRmhSQT09>

Meeting ID: 727 959 4414 Passcode: 149417

Our next **Formal PPG Meeting is on Wednesday 20 January at 1330**. Joining information:

<https://us02web.zoom.us/j/81116144581?pwd=V0ErYmFJV1lzcVpmRTNCeGRoYXNHUT09>

Meeting ID: 811 1614 4581 Passcode: 468459

The agenda for the formal meeting on 20/01 will be much as in November:

1. Introductions & Apologies
2. Approve Minutes of September PPG Meeting
3. Roundtable Catch Up: How are you coping with Covid?
4. Covid-19 Information, Updates, Q&A** [Keith & Matt]
5. Other Practice Updates [Matt]
6. Other PPG Updates, Matters Arising, AOB

** Please send any particular questions to barnabas.ppg@gmail.com and we'll try to answer them

The minutes of the November meeting are attached.

Please do the meetings if you can. You can join from your phone and don't need full video capability.

If you don't have internet access, you can join any of the meetings by calling one of the following numbers and keying the Meeting ID and Passcode when prompted.

- 020 3901 7895
- 020 3051 2874
- 020 3481 5237
- 020 3481 5240

Local Healthcare News

Just one item of local healthcare news ...

North West London to become 'Integrated Care System' from April

NHS England has confirmed that the NHS and local authorities in North West London will join together as an "Integrated Care System" (ICS) from April. An ICS brings together all parts of the NHS and local authorities in an area to focus on improving the health of the local population. The NHS and local authorities in North West London have already been working informally as an ICS, ahead of expected legislation to put ICSs on a statutory footing.

More details at <https://www.nwlondonccgs.nhs.uk/news-publications-events/news/north-west-london-become-integrated-care-system-april-2021>>

General NHS News

Covid-19 and Cold Weather

Public Health England have issued a bulletin on the effects of cold weather on health, with special emphasis on Covid-19. A copy is attached, or it can be found online at <https://www.gov.uk/government/publications/health-matters-cold-weather-and-covid-19/health-matters-cold-weather-and-covid-19>.

Newsletters

As usual I've received a couple of newsletters which may be of interest.

- **In Touch** is a twice monthly email bulletin from Public Health England. The December issues were more interesting than usual. Both are attached in a single document.
- **Healthwatch Ealing Newsletter** for December is online at <https://healthwatchealing.org.uk/wp-content/uploads/2020/12/Healthwatch-Ealing-Newsletter-December-2020.pdf>

That's all for this month. I hope to see you at the meetings.

Meanwhile remember: **HANDS – FACE – SPACE !!**

Keith

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