Keith Marshall

From: Barnabas PPG barnabas.ppg@gmail.com

Sent: 30 December 2019 13:38

To: Barnabas PPG

Subject: Barnabas PPG Monthly Bulletin, New Year

Attachments: PPG_Minutes_20191211.pdf; BB28-booklet.pdf; Medical_Advice_in_Ealing.pdf; what-

can-you-expect-when-visiting-a-pharmacy-december-2019.pdf; Ebulletin DEC

2019.pdf; Annual_Report_2019.pdf

To All Barnabas PPG Members ...

[Printed copies to those PPG members without email]

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to a New Year bulletin for Barnabas PPG members.

This bulletin is a little earlier than you might have expected. Because of the way the calendar falls in 2020 the dates for PPG meetings have crept forwards towards the beginning of the relevant months, so I need to move my bulletins to the last weekend of the month to ensure you all receive meeting agendas etc. in good time. The next bulletin will be for January and will appear around the last weekend of the month.

PPG News

PPG Meeting - Wednesday 11 December - AGM

The minutes of our AGM are attached. A copy of my Annual Report is also attached.

Our next meeting is on Tuesday 11 February (1300 hrs in St Barnabas Church Hall). Yes, note that following discussion (see the minutes) the meeting day has changed to a Tuesday.

2020 Meeting Dates

Please put the 2020 PPG meeting dates in your new diary; they are:

- Tuesday 11 February
- Tuesday 7 April
- · Tuesday 9 June
- Tuesday 11 August **
- Tuesday 13 October
- Tuesday 8 December
- ** All meetings are 1300 hrs in St Barnabas Church Hall, except the August social which is 1800 hrs in the Greenwood Pub.

These dates, as well as dates for our "Meet the Patients" sessions are also attached at the end of the AGM minutes.

"Meet the Patients"

Our first "Meet the Patients" session of 2020 will be on the morning (0900-1200) of Tuesday 21 January, in the waiting area. Volunteers would be welcome, or just drop by for a chat.

Other dates for 2020 are at the end of the AGM minutes – but do note that they are dependent on there being sufficient volunteers.

Barnabas Bulletin

The Practice's newsletter, *Barnabas Bulletin*, was released shortly before Christmas. In case you missed getting it, a copy is attached and printed copies should be available in the waiting area.

The next issue is due out in early March. If anyone has an article, or an idea for an article, to be considered for *Barnabas Bulletin*, then please drop me a note.

Article about Barnabas PPG

The December issue of Ealing CCG's newsletter for PPGs contains a short item by me on the work of our PPG. You can find it online at https://www.ealingccg.nhs.uk/media/171460/PPG-Newsletter-December-19-FINAL.pdf.

Local Healthcare News

Medical Advice in Ealing

The CCG have issued a new leaflet detailing where to find medical advice in Ealing. A copy is attached.

General NHS News

What to Expect when Visiting a Pharmacy

This is another new NHS flyer. Again a copy is attached.

GPs 'shun full-time work as pressures take toll'

The BBC reported recently that some 45% of GPs are working less than full-time and that this is increasing –which puts at risk the government's commitment to increase the number of GPs. The full report is at https://www.bbc.co.uk/news/health-50829903.

Measles Deaths 'staggering and tragic'

There is a lot of concern at the increasing number of measles cases in many countries. The UK is included in this and as a result we've recently lost our "measles free" status. The cause is an increasing reluctance for children to be immunised, which I personally find inexcusable. There's a BBC report at https://www.bbc.co.uk/news/amp/health-50659893.

If you want to see how effective immunisation is you have only to look at the recent situation in Samoa, where measles was out of control until vaccination became mandatory and as a result the number of new cases is falling rapidly. More details at https://www.bbc.co.uk/news/world-asia-50938250.

Newsletters

As usual the round-up of newsletters received which may be of interest. As always they contain a number of items which I've not covered above.

- · NAPP monthly eBulletin (attached).
- Ealing CCG newsletter for PPGs (as mentioned above) can be found online at https://www.ealingccg.nhs.uk/media/171460/PPG-Newsletter-December-19-FINAL.pdf.
- North West London Collaboration of CCGs December issue of their newsletter @HealthierNWL can be found at http://nhsnorthwestlondoncollaborationofccgs.newsweaver.com/nwlccgs/13lp3tq3x72.

That's all for now. More at the end of January. Meanwhile a happy New Year to you all!

Keith

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