

Barnabas PPG

From: Barnabas PPG <barnabas.ppg@gmail.com>
Sent: 04 August 2019 16:01
To: Barnabas PPG
Subject: Barnabas PPG Monthly Bulletin, August
Attachments: PPG_Minutes_20190612.pdf; 2019_Survey_Quick_Summary.pdf; Help your GP to help you.pdf; Vale Royal Tips.pdf; WL MH Service Transformation.pdf; In-Touch.pdf

To All Barnabas PPG Members ...
[Printed copies to those PPG members without email]

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to the August bulletin for Barnabas PPG members.

PPG Meeting – Wednesday 12 June – Minutes

The minutes of our June meeting are attached. Apologies for not having got them out last month.

PPG Meeting – Wednesday 14 August

Our next meeting is our Summer Social on Wednesday 14 August, from 1800 hrs in the Greenwood pub. There is no formal business for this meeting, but do drop for a drink and a chat.

PPG Meeting – Wednesday 16 October

The next formal PPG meeting is on Wednesday 16 October, 1300 hrs in St Barnabas Church Hall. I hope we will have one of the doctors present to talk about their job – which is a lot more than just seeing 30 to 40 patients a day for 10 minutes each. Agenda much nearer the time.

Meet the Patients

We will be in the waiting area to meet patients again on the morning of Thursday 15 and the afternoon of Wednesday 28 August. If you can help with either session do let me know, please ... or just drop by for a chat.

Practice Patient Survey

Very many thanks to those who helped with the Practice's patient survey in June and early July. Between us we clocked up over 300 completed surveys (as we did last year) which is a useful 3.3% of the Practice's registered patients. I have now done the basic data analysis and submitted a 30-page report to the Practice – we await feedback.

- 91% say they are "Extremely Likely" or "Likely" to recommend the Practice and 34% know about the PPG (both are effectively unchanged for some years).
- As expected the biggest gripe was again the difficulty in getting a timely appointment, while the top thing the Practice does well is the helpfulness, friendliness and overall excellence of all staff.

I've attached a quick summary of the key results; if anyone wants to read the whole report then please let me know and I'll send a copy.

MORI GP Patient Survey

This is the survey MORI run every year (during January to March) for NHS England; they poll a random selection of patients across the country. In conjunction with analysing the Practice's survey results, I've been looking at the MORI results published a few weeks ago. Yet again Barnabas comes out as the best practice in the immediate area, although this year The Grove are hot on our tails. Perhaps more surprisingly Barnabas is better than the average for the whole of Ealing on every one of MORI's key 18 questions, and better than the England average score on 16 of the 18 questions. As you will appreciate the result comparison is somewhat sensitive so I've not attached any of the data, but I will share it at the October PPG meeting. There is more about the country-level results from the MORI poll at <https://www.england.nhs.uk/2019/07/nine-out-of-10-patients-have-confidence-and-trust-in-their-gp/>.

Vaccine Update

For older teenagers planning to travel to Europe, going to festivals or to large events it is very important that they have their Meningitis ACWY vaccination and have had two doses of MMR. Anyone waiting for A-level results should get their vaccinations before they leave for university so as not to have a delay being vaccinated once they arrive. For anyone thinking of getting pregnant, it is also very important for them to have their MMR.

Sometimes parents who have not got their child fully vaccinated, worry that they have left it too long. Whatever the reason for any child not having had their vaccinations, it's not too late! Most vaccinations can be caught up with, so please talk to reception to book an appointment.

Source: *Public Health England Vaccine Update; Issue 297; July 2019*

Flu Vaccine Eligibility

For this coming flu season (2019/20) the following are eligible for flu vaccination:

- all children aged two to ten (but not eleven years or older) on 31 August 2019
- those aged six months to under 65 years in clinical risk groups (eg. those with diabetes, COPD, compromised immune systems)
- pregnant women
- those aged 65 years and over
- those in long-stay residential care homes
- carers
- close contacts of immunocompromised individuals
- front-line health and social care workers.

Watch out for flu vaccination dates from the Practice.

Source: *NHS England flu vaccination programme letter,*

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/788903/Annual_national_flu_vaccination_programme_2019_to_2020_.pdf

HPV Vaccine

Still on vaccination, there's a BBC News item reporting that giving the HPV vaccine to boys "will prevent thousands of cancers". Read the report at <https://www.bbc.co.uk/news/health-48881008>.

10 Insider Tips I Bet You Didn't Know about Your GP

I found this interesting little article from Vale Royal CCG in Cheshire. I've attached a copy or you can find the original at

<http://www.valeroyalccg.nhs.uk/blog/12341-10-insider-tips-i-bet-you-didn-t-know-about-your-gp>

Help Your GP Help You

Here's another useful little article with some useful links at the end. Copy attached or find the original at

<https://www.themuswellhillpractice.co.uk/website/F85063/files/Help%20your%20GP%20to%20help%20you.pdf>

So What are We Doing ...

One of our members has suggested that we should look at producing something on "how to be a better patient". Following on from the two articles above (and of course others) I am beginning to look at this to see if we can sensibly achieve it; I hope to be able to bring something to our October meeting. Meanwhile if you have ideas, thoughts or suggestions please let me know.

Mental Health Service Users & Carers Wanted for Input to Transformation Scheme

North West London NHS are looking for volunteers to provide input to the mental health transformation. There are two roles: details in the attached document. If you're interested applications have to be in this week.

Newsletters

As usual I have received a couple of regular newsletters which contain useful items I've not covered above.

- **Ealing CCG Newsletter for PPGs** appears not to be online so a copy is attached.
- **NHS In Touch** newsletter is also attached.

That's all for this month. Enjoy the summer holidays and I hope to see you at the social on 14th.

Keith

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