

Barnabas PPG

From: Barnabas PPG <barnabas.ppg@gmail.com>
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To All Barnabas PPG Members ...
[Printed copies to those PPG members without email]

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to the December bulletin for Barnabas PPG members.

Farewell to Dr David Knight

As most of you will know by now Dr David Knight retires at the end of this week, after 30 years providing excellent care as a GP. Dr Knight's shoes are going to be hard to fill and I know he will be very much missed. **We wish Dr Knight a long and happy, well-deserved retirement.**

We welcome our new salaried GP, Dr Stéphanie Bihoreau to the Practice. She has bravely taken on the challenge of filling the gap left by Dr Knight.

Barnabas Bulletin

Attached is a copy of the recent issue of the Practice's newsletter, *Barnabas Bulletin*. Copies are also available at the Practice or may be downloaded from the Practice website.

PPG Meeting – 4 December – AGM

Apologies for not attaching the minutes of the AGM on Monday 4 December but writing them has been swamped by the upcoming festivities. I will circulate them with the January bulletin, if not before.

The main news from the AGM is that I was re-elected as Chairman for a further two years, and Phyllis Stubbings volunteered to be Vice-Chairman – thank you Phyllis! We also had a very useful and interesting talk from Lindsay Topham of Ealing CCG, on the current plans for promoting self-care. This is a topic to which we shall return over the coming months.

2018 Meeting Dates

The AGM also agreed the outline of meetings for the coming year. PPG meeting dates will be:

Monday 5 February	1800	Church Hall (Link)	PPG Meeting: Focus on actions & futures
Tuesday 10 April	1300	Church Hall	1300: Open Forum: Clinical Pharmacist (tbc) 1400: PPG Meeting
Tuesday 5 June	1300	Church Hall	1300: Open Forum: Self-Care (tbc) 1400: PPG Meeting: PPG Awareness Week
Monday 6 August	1800	Greenwood Pub	Informal Summer Social
Tuesday 2 October	1300	Church Hall	1300: Open Forum: subject tba 1400: PPG Meeting
Monday 3 December	1800	Church Hall (Link)	PPG AGM

As you will see, as an experiment, we are going to run some "open forum" sessions over lunchtime. The idea is that these sessions are open to everyone to come along, listen to the speaker and mainly to ask questions. I'm not yet sure exactly how we will run them, and the first two topics are yet to be confirmed as I need to talk to the prospective speakers. The sessions will need to be widely publicised among our patients. If the open forum sessions are successful we will look to make them a regular feature.

Please put the dates in your new diary.

Meet the Patients

For all sorts of reasons our monthly "Meet the Patients" in the Practice waiting area rather fell away towards the end of this year. We will however relaunch and continue this in January. The 2018 dates proposed for the sessions are:

- Mornings (0900-1200): Tuesday 30 January, Thursday 22 March, Friday 27 April, Wednesday 6 June (which is in PPG Awareness Week), Tuesday 21 August, Thursday 25 October, Friday 23 November
- Afternoons (1400-1700): Wednesday 28 February, Tuesday 22 May, Thursday 28 June, Thursday 26 July, Wednesday 26 September, Tuesday 18 December

We really need volunteers to help run these sessions (Noreen and I cannot cover them all), so please put the dates in your new diary and let me know if you can help with any of them.

In addition the Practice have said they would like us to run their patient survey, again in June. This is timed, in part, to coincide with PPG Awareness Week on 4-9 June. More on this later, but it will mean that June is quite a busy month.

Patient Experiences, Hints & Tips – More, Please!

We are still collecting notes on your experiences of treatments or procedures, so that we can provide them (anonymously!), via the practice website, as a help for others. So if you've had a particular treatment or procedure (like, for example, hip replacement, colonoscopy, started on anti-coagulants or insulin, needed hearing aids) please write some notes on your experience and any hints or tips, and drop them in the repeat prescription box or email them to me (with your contact details, just in case we need to clarify anything). I will then put all these together for the benefit of other patients. Your contact details will not be published; you will remain entirely anonymous.

NAPP Group of 100

The National Association of Patient Participation (NAPP), the umbrella body for PPGs, has recently set up a "Group of 100". This is a group of up to 100 PPG representatives who are committed to give a quick response (usually within a few days and electronically) to targeted questions. It isn't a scientifically-based survey but intended more to give a flavour of the way patients might think about questions. I have signed us up to this group so that our voice is heard, so I may occasionally, and if there is time, ask you all for your quick thoughts on whatever I'm asked.

Choosing a GP

Healthwatch Ealing have published a short bulletin on the rules around choosing, registering with, and changing GP. The full item is at <https://healthwatchealing.org.uk/news/choosing-a-gp-and-rights-around-registering-guidance-for-patients/>.

Your Views on Local Health Services

In another publication Healthwatch Ealing report the patient views of local health and social care services they gathered during July to September 2017. Of over 660 comments received, 81% were about GP practices and overall 78% were positive. As one might have expected the biggest gripe seems to be the difficulty of getting a GP appointment. The full report is at <https://healthwatchealing.org.uk/wp-content/uploads/2017/06/Patient-Experience-Report-Q2-FINAL.pdf>.

NAPP eBulletin

Finally I'm attaching the two latest eBulletins from NAPP – for November and December. As always they contain a number of interesting and useful news items which I have not covered above.

It remains for me to wish you all a **Peaceful Christmas** and a **Happy and Healthy New Year**.



Keith

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