

Keith Marshall

From: Barnabas PPG <barnabas.ppg@gmail.com>
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To: Barnabas PPG
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To All Barnabas PPG Members ...

[Printed copies to those PPG members without email]

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to the May bulletin for Barnabas PPG members. Just a reminder that the ENN PPG Network monthly bulletin is attached below and this top section contains items which are Barnabas PPG specific.

PPG Meeting, Tuesday 17 May – Agenda

Our next PPG meeting is on Tuesday 17 May, 1400 hrs in St Barnabas Church Hall, Raglan Way.

The agenda for the meeting will be:

1. Introductions & Apologies
2. Approve Minutes of Previous Meeting
3. Boots Oldfields Circus – A New Beginning
4. Annual Practice Patient Survey & PPG Awareness Week
5. Projects & Priorities Update
 - Practice Leaflets
 - DNAs
 - Online Services
 - Minor Ailments Service
 - Noticeboards
6. Share & Exchange
7. Practice Updates
8. ENN PPG Network Updates
9. PPG Updates
10. Other Matters Arising & AOB

A copy of the minutes of our March meeting are attached.

Facebook Group

A reminder, for those who use Facebook, that our Facebook group is now open public access. You can find the group at <https://www.facebook.com/groups/barnabas.ppg/>. Please do stop by and contribute as this makes the group more valuable for us all.

Annual Patient Survey – Call for Volunteers

Over the last 3 years you've made such a success of conducting the Practice's Annual Patient Survey that we have been asked to do it again this year. And as last year survey week will be PPG Awareness Week (6-11 June). Following this I am sending all our patient members a separate email about the arrangements and asking for volunteers (those of you getting printed copies of this will find a copy of my email enclosed). Please let me know as soon as possible if you are able to help with the survey – the more volunteers we have, the less each of us has to do!

PPG Awareness Week

As well as conducting the Patient Survey during PPG Awareness Week we also want to recruit more members and promote both the Minor Ailments Service and Online Services. I also hope that Boots at Oldfields Circus will be available in the waiting area to talk to patients for 2 or 3 sessions during the week; they may also be able to run a "drugs amnesty" in the their store around this time – watch this space.

Boots Oldfields Circus

I know most of you are aware that there have been problems with Boots at Oldfields Circus over the last year or so. We're pleased that this has been recognised and there is now a new team in place running the store. Both our Practice Manager (Matt)

and I have meet (separately) with the new Manager (Sheree) and Pharmacist (Mariya) who have reassured us that they are doing all the right things to get the pharmacy back on track. They know they are not yet "out of the woods" and still have much work to do to rebuild our trust in their store. As part of rebuilding the trust Sheree and Mariya will be coming to talk to our May meeting.

I think that's all I have that is Barnabas specific, but there is a lot more after the break. Oh and do come to the meeting on 17th.

Keith

Keith Marshall, Chairman, Barnabas PPG
76 Ennismore Avenue, Greenford, UB6 0JW
Phone: 020 8864 7993
Email: barnabas.ppg@gmail.com or kcm@cix.co.uk
Facebook: www.facebook.com/groups/barnabas.ppg/

From: Ealing NN PPG Network [mailto:enn.ppg.network@gmail.com]
Sent: 04 May 2016 18:26
To: Ealing NN PPG Network <enn.ppg.network@gmail.com>
Subject: Ealing North North PPG Network Monthly Bulletin, May

You are receiving this email as a member of Ealing North North PPG Network or Barnabas PPG.
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To All ENN PPG Network Members ...
[Copy ENN Area Practice Managers]
[Printed copies to those members without email]

ENN PPG Network Reps: Please cascade this bulletin to your PPG members.

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to the May bulletin for Ealing North North PPG Network members. There's a lot in this month's edition, so here goes ...

ENN PPG Network Meeting, Monday 16 May – Agenda

Our next meeting is on Monday 16 May at 1830hrs in the meeting room at Northolt Leisure Centre.

Yes, not the venue is Northolt Leisure Centre (on the corner of Eastcote Lane and Mandeville Road by Northolt tube station); please do not go to Northolt Community Centre as we won't be there!

The agenda for the meeting will be:

1. Introductions & Apologies
2. Approve Minutes of Previous Meeting
3. Action on Time Spent Waiting to be Seen
4. CQC Inspection Guide
5. PPG Awareness Week
6. Priorities/Projects Update
 - GP Additional Services
 - "Using the NHS" Leaflet
7. Organisation Updates
 - Document Repository/Online Access
 - Finance & Expenses
8. Share & Exchange
9. Other Matters Arising and AOB

The minutes of our March meeting are attached.

Facebook Group

For those of you who are Facebook users, we now have a group there. Find us at <https://www.facebook.com/groups/enn.ppg.network/>. Please visit and contribute to make the page useful.

PPG Awareness Week (6-11 June)

The week beginning 6 June is PPG Awareness Week, promoted by our umbrella body NAPP. This is a good opportunity for us PPG people to make ourselves better known to our practice's patients and perhaps helping to promote the use of Online Services (see below) and the Minor Ailments Service. Barnabas PPG hope to be doing this alongside conducting the Practice's annual Patient Survey. What is your PPG doing?

Best Practice for PPGs

NAPP has produced a short video "Best Practice for PPGs" although it is more about how to set up a group. You can find the video online at <http://www.napp.org.uk/bestprac.html> or on YouTube at <https://www.youtube.com/watch?v=FXaGnoeD44Y>.

Patient Online

There is a current push to get patients signed up to use GP online services wherever possible (and we know not everyone can or will want to). There is a lot about Patient Online on the NHS England website at <https://www.england.nhs.uk/ourwork/pe/patient-online/>. A lot of the material is aimed at GPs, although there is material there for us patients, and it is all worth reading if this is an area which interests you (or your PPG).

Healthwatch Ealing

This month there are two important updates for our local Healthwatch organisation.

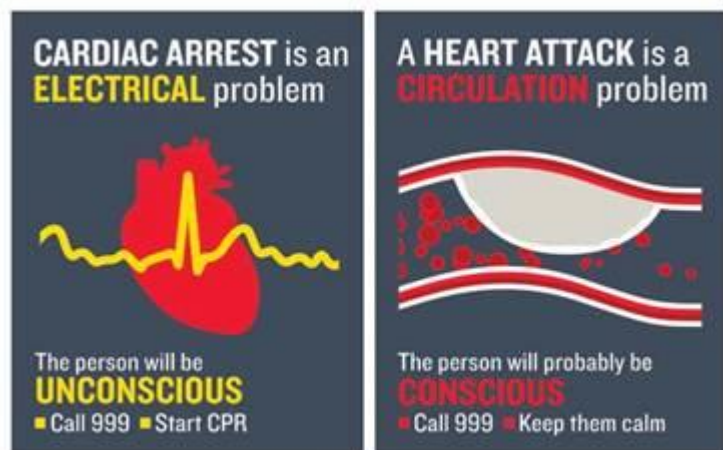
Firstly a letter from the current Chairman on the new governance arrangements of HWE; this is linked from <http://www.healthwatchealing.co.uk/news/members-and-stakeholders-update-chair-healthwatch-ealing>.

Secondly, because of the revised governance, HWE are electing a completely new board of trustees. So if you are interested in contributing in a big way in the local healthcare arena this is your chance. Initial details are at http://www.healthwatchealing.co.uk/sites/default/files/notifcation_letter_13_4_16.pdf.

Now let's talk about some specific health things ...

Cardiac Arrest and Heart Attack

Do you know the difference between Cardiac Arrest and a Heart Attack. No, I confess I didn't either. But it is important that you do recognise the difference as the right actions can have a big influence on survival. They are neatly summed up by this little graphic from the British Heart Foundation ...



BHF also have helpful webpages on Cardiac Arrest, <https://www.bhf.org.uk/heart-health/conditions/cardiac-arrest>, and Heart Attack, <https://www.bhf.org.uk/heart-health/conditions/heart-attack>.

Flu jabs

Recent research has suggested that flu jabs are more effective if given in the morning – see this BBC report <http://www.bbc.co.uk/news/health-36105275>. So we may want to ask our Practices to have their flu clinics in the morning.

NHS Diabetes Prevention Programme

"Healthier You" the NHS Diabetes Prevention Programme will start this year with a first wave of 27 areas covering 26 million people, with up to 20,000 places available. For once it appears that Ealing is not one of the pioneer areas. Full national roll-out is planned to complete by 2020. Again there is more on the NHS England website at <https://www.england.nhs.uk/ourwork/qual-lead/diabetes-prevention/>.

Do you care for an Elderly Relative?

If you do you may be interested in Care Cameras, whose leaflet is attached. Although clearly a commercial organisation they seem to be approved by AgeUK and some Healthwatch organisations, but as always it is a case of "buyer beware", shop around and read the small print.

Carers Week

Talking of carers, 6-12 June is Carers' Week – which conveniently coincides with PPG Awareness Week. There don't (yet) seem to be any events planned in Ealing but there are a couple in Hillingdon and one in Hammersmith. As always there's more information at <http://www.carersweek.org/get-involved/>.

Support for Carers

The government is running an initiative to find out how support for carers, especially informal unpaid carers, can be improved. You can contribute to this via a short survey at <https://consultations.dh.gov.uk/carers/how-can-we-improve-support-for-carers>.

Ealing Hospital Discharge Service

Hestia is currently recruiting reliable, compassionate and professional volunteers to work with their new discharge service at Ealing Hospital. This has been set up to support patients in the transition from hospital to home and to reduce the number of delayed discharges throughout the borough.

You can find more details of the role and how to apply at

http://www.healthwatchealing.co.uk/sites/default/files/healthwatch_hestia_ealing_hospital_discharge_service_advert_2.pdf.

And finally ...

NAPP eBulletin

The latest eBulletin from NAPP is attached.

Healthwatch Ealing News

As always there is much more news about the NHS and healthcare than I can cover here. You can find summaries of some of the most important items on the Healthwatch Ealing news page at <http://www.healthwatchealing.co.uk/news>.

Don't forget the **Healthwatch Ealing Drop-in Service** on the last Friday of the month and **Signposting@Healthwatch Ealing**. Find out more at <http://www.healthwatchealing.co.uk/content/find-services>, by phone on 0800 014 7306 or 020 8280 2277 or by email to signposting@healthwatchealing.co.uk.

A reminder that you can find copies of the regular Healthwatch Ealing flashes at <http://www.healthwatchealing.co.uk/flash-healthwatch-ealing>. They contain involvement opportunities and items on local healthcare issues. As they are several pages I don't attach them here, but I am circulating them by email when they appear.

More next month and at the meeting on 16 May.

Keith

Keith Marshall, Chairman, Ealing NN PPG Network
76 Ennismore Avenue, Greenford, UB6 0JW
Phone: 020 8864 7993
Email: enn.ppg.network@gmail.com or kcm@cix.co.uk
