Barnabas PPG

Keith Marshall <barnabas.ppg@gmail.com> From:

04 January 2016 15:34 Sent: To: barnabas.ppg@gmail.com

Subject: Barnabas PPG Monthly Bulletin, January

Attachments: Ebulletin DEC 2015 FINAL.pdf; Priorities+Tasks_2015-17_Summary.pdf; PPG_ToR_

2016-DRAFT1.pdf; GP Top 10.pdf; Living Well.pdf

You are receiving this email as a member of Barnabas PPG.

If you no longer wish to remain a member of this group, please reply to this email with UNSUBSCRIBE in the Subject line. [Please do NOT use "Reply All".]

To All Barnabas PPG Members ...

[Printed copies to those PPG members without email]

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Happy New Year to everyone! And welcome to the January bulletin for Barnabas PPG members. Just a reminder that the ENN PPG Network monthly bulletin is attached below and this top section contains items which are Barnabas PPG specific.

PPG Meeting, Tuesday 12 January - AGENDA

Our next meeting is on Tuesday 12 January, 1400 hrs at St Barnabas Church Hall. The agenda will be:

- 1. Introductions & Apologies (5 mins)
- 2. Approve Minutes of Previous Meeting (5 mins)
- 3. Governance Document Review (10 mins) (Keith)
 - Agree Revised Terms of Reference [ToR document attached*]
- 4. Priorities Update (15 mins) [priorities document attached]
 - A. Grow the PPG
 - B. Patient Education
 - C. Support the Practice
 - D. Governance
 - Facebook Group Review
- 5. Share & Exchange (10 mins)
- 6. Practice Updates (5 mins)
- 7. ENN PPG Network Updates (5 mins)
- 8. PPG Updates (5 mins)
- 9. Other Matters Arising & AOB (5 mins)

2016 Meeting Dates

Please make a note of this year's meeting dates:

1400 hrs St Barnabas Church Hall Tuesday 12 January Monday 14 March 1800 hrs Barnabas Medical Centre Tuesday 17 May 1400 hrs St Barnabas Church Hall Monday 11 July 1800 hrs Barnabas Medical Centre Tuesday 13 September 1400 hrs St Barnabas Church Hall Monday 14 November 1800 hrs Barnabas Medical Centre (AGM)

That's all specific to Barnabas PPG, but there are lots of items in the following bulletin for all Ealing North North PPG Network members.

Best wishes for 2016 ...

Keith

Keith Marshall, Chairman, Barnabas PPG 76 Ennismore Avenue, Greenford, UB6 0JW

Phone: 020 8864 7993

^{*} The attached Terms of Reference document is the draft of the updated revision. If you can't be at the meeting but wish to comment please drop me a note; otherwise please hold comments for the meeting. Note that text to be deleted is in strikethrough, and new/amended text is in red.

Email: <u>barnabas.ppg@gmail.com</u> or <u>kcm@cix.co.uk</u>
Facebook: <u>www.facebook.com/groups/barnabas.ppg/</u>

Ealing North North PPG Network Monthly Bulletin, January

You are receiving this email as a member of Ealing North North PPG Network or Barnabas PPG. If you no longer wish to remain a member of these groups, please reply to this email with UNSUBSCRIBE in the Subject line. [Please do NOT use "Reply All".]

To All ENN PPG Network Members ...
[Copy ENN Area Practice Managers]
[Printed copies to those members without email]

ENN PPG Network Reps: Please cascade this bulletin to your PPG members.

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

A very happy New Year to everyone! Welcome to the January bulletin for Ealing North North PPG Network members.

ENN PPG Network Meeting, Monday 18 January – AGENDA

Our next meeting is scheduled for **Monday 18 January, 1830hrs in Room 5 at Northolt Community Centre** (Ealing Road/Church Road, Northolt – if you need further directions, please ask).

The agenda for the meeting is expected to be:

- 1. Introductions (5 mins)
- 2. Approve Minutes of Previous Meeting (5 mins)
- 3. Governance Document Review (10 mins) (Keith)
 - Agree Revised Terms of Reference [[redacted -- not relevant]]
- 4. Organisation Updates (5 mins)
 - 2016 Meeting Dates (Keith)
 - Consent Form (Keith)
 - Document Repository/Online Access (Jill)
 - Finance & Expenses (Keith)
- 5. Looking at Practice Improvement Areas (10 mins) (Keith)
 - Using improvement areas identified for each practice by MORI GP Survey
- 6. Priorities Update (15 mins)
 - A. Communications/Information
 - Directory of Services (Suzanne)
 - "Your Healthcare Services in NW London" booklet (Ifrah)
 - B. Joint Working
 - CQC Inspection Guide (Suniel)
 - Patient Promise (Keith)
 - C. Events
 - Pharmacy in General Practice (Keith)
 - D. Governance
- 7. Share & Exchange (5 mins)
- 8. Other Matters Arising & AOB (5 mins)

[[redacted -- not relevant]]

2016 Meeting Dates

Please make a note of this year's meeting dates:

Monday 18 January

Monday 21 March

Monday 16 May

Monday 18 July

Monday 19 September

Monday 21 November

All meetings will be at 1830 hrs; venues to be arranged

Health and Wellbeing Strategy 2016-21 consultation

Ealing Council are currently running a consultation on their proposed Health & Wellbeing Strategy 2016-2021. "The aim of this strategy is to set out a small number of strategic priorities for action that will make a real impact on people's lives. It will also inform local commissioning, leading to locally-led initiatives that meet the desired health and wellbeing outcomes and address the borough's needs." You can find further information and access the consultation survey at

http://www.ealing.gov.uk/info/200628/current consultations/2076/health and wellbeing strategy 2016-21 consultation. The consultation is open until 14 February.

Living Well Self-Management Programme

We've mentioned this programme before, and I've attached the flyer. The next programme begins on 25 January at Ealing Town Hall. If you are interested please email Deamion Broni, deamion@livingwellcic.com.

Stay Well Booklet

This was circulated a while back for comment. The booklet is now available online on the Ealing CCG website at http://www.ealingccg.nhs.uk/media/24200/CS41701%20Ealing%20Stay%20Well%20This%20Winter%20A5%20WEB.pdf and I'm told that GP surgeries have printed copies. (As the booklet is 16 pages I have not attached a copy.)

10 top tips to get the most out of your GP appointment

Healthwatch England have pulled together their top 10 tips for getting the most from your GP appointment. You can find the full list at http://www.healthwatch.co.uk/news/10-top-tips-get-most-out-your-gp-appointment and a printed copy is attached.

What help do you need to look after your health in the future?

Another from Healthwatch England is a report on what patients say they need to manage their health. You can find more on this at http://www.healthwatch.co.uk/news/What help do you need to look after your health in the future -- no copy attached as it contains a video slideshow.

Patients less satisfied by GPs who refuse antibiotics - BBC News

According to a recent survey by researchers at Kings College, London, GPs who prescribe fewer antibiotics have less satisfied patients. BBC report at http://www.bbc.co.uk/news/health-35008128.

Why the NHS needs better-behaved patients

What did the NHS request for Christmas? Yes, better behaved patients! Report from the BBC at http://www.bbc.co.uk/news/health-35168721.

Parliament hears patients' views on the transformation of the NHS

NAPP has given evidence to the All Party Parliamentary Group on Primary Care and Public Health who are inquiring about the NHS Five Year Forward View. You can find a summary of NAPP's evidence, gathered from a survey of members, at http://www.napp.org.uk/news.html#Parliament.

Government announces start of London NHS devolution

The government has announced the setting up of five pilots for the devolution of NHS in London to local control – much as has been done in Manchester. For once Ealing is not one of the pilots. More details at http://www.bbc.co.uk/news/uk-england-london-35100571.

North Greenford - Polish Surgery at Greenford Police Station

A survey has recently revealed that the Polish community struggles to communicate with police officers due to the language barrier. To help break down the barriers the local police are holding an open session at Greenford Police Station (in Oldfield Lane South) for the Polish community every Tuesday between 1600 to 2000 from 19 January.

NAPP eBulletin

The latest eBulletin from NAPP is attached. As so often it includes some engagement opportunities.

Healthwatch Ealing News

As always there is much more news about the NHS and healthcare than I can cover here. You can find summaries of some of the most important items on the Healthwatch Ealing news page at http://www.healthwatchealing.co.uk/news.

Don't forget the **Healthwatch Ealing Drop-in Service** on the last Friday of the month and **Signposting@Healthwatch Ealing**. Find out more at http://www.healthwatchealing.co.uk/content/find-services, by phone on 0800 014 7306 or 020 8280 2277 or by email to signposting@healthwatchealing.co.uk.

A reminder that you can find copies of the regular Healthwatch Ealing flashes at http://www.healthwatchealing.co.uk/flash-healthwatch-ealing. They contain involvement opportunities and items on local healthcare issues. As they are several pages I don't attach them here, but I am circulating them by email when they appear.

Keith

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