

## Keith Marshall

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**From:** Barnabas MC PPG <barnabas.ppg@gmail.com>  
**Sent:** 04 November 2015 17:49  
**To:** Barnabas MC PPG  
**Subject:** FW: ENN PPG Network Monthly Bulletin, November  
**Attachments:** ENN\_PPG\_Minutes\_20150929.pdf; Nursing\_Vision\_Invite.pdf; Ebulletin OCT 2015 FINAL.pdf; Stay\_Well.pdf; ENN\_PPG\_Priorities.pdf; Annual\_Report\_2015.pdf; PPG\_Minutes\_20150915.pdf; Barnabas\_Priorities+Tasks\_2015-17.pdf

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To All Barnabas PPG Members ...

[Printed copies to those PPG members without email]

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to the November bulletin for Barnabas PPG members. Just a reminder that the ENN PPG Network monthly bulletin is attached below (you may not find all this relevant, but I include it all for completeness) and this top section contains items which are Barnabas PPG specific.

### Next Meeting, Monday 16 November (AGM)

The next meeting is our **AGM on Monday 16 November**, 1800 hrs at the Medical Centre. At the meeting I will be presenting my Annual Report (copy attached), looking to elect a Vice-Chairman (we still need a volunteer, or two to share?!) and following up on the work on our priorities.

The meeting agenda will be:

1. Introductions & Apologies (5 mins)
2. Approve Minutes of Previous Meeting (5 mins)
3. Approve Annual Report (10 mins)
4. Election of Vice-Chairman (5 mins)
5. Priorities & Activities (15 mins)
6. Share & Exchange (10 mins)
7. Practice Updates (5 mins)
8. PPG Updates (10 mins)
9. Other Matters Arising & AOB (5 mins)

Since the last meeting Sheila, Noreen and I have met to unravel the priorities we agreed in September, consider all our discussions plus the work Lyn and I did on the NAPP Quality Framework. We have turned this into a set of priorities, tasks and activities on which we can work – although we will not be able to do all of it without a lot more volunteers. A copy of this work ("Barnabas\_Priorities+Tasks") is attached and will form the basis of the discussion in agenda item 5 of the AGM. **You do not need to read the whole document** – unless you love detail, please **read just the first page** "Tasks & Activities".

A copy of the minutes of our September meeting is also attached.

### 2016 Meeting Dates

The proposed dates for 2016 meetings, as attached to the minutes of the last meeting, are:

- Tuesday 12 January 1400 St Barnabas Church Hall
- Monday 14 March 1800 Medical Centre
- Tuesday 17 May 1400 St Barnabas Church Hall
- Monday 11 July 1800 Medical Centre
- Tuesday 13 September 1400 St Barnabas Church Hall
- Monday 14 November 1800 Medical Centre **\*\*AGM\*\***

Please put the dates in your new diary.

Look forward to seeing you all at the AGM on 16<sup>th</sup>.

Keith

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**From:** Ealing NN PPG Network [mailto:[enn.ppg.network@gmail.com](mailto:enn.ppg.network@gmail.com)]  
**Sent:** 04 November 2015 17:15  
**To:** Ealing NN PPG Network <[enn.ppg.network@gmail.com](mailto:enn.ppg.network@gmail.com)>  
**Subject:** ENN PPG Network Monthly Bulletin, November

You are receiving this email as a member of Ealing North North PPG Network.  
If you no longer wish to remain a member of these groups, please reply to this email with UNSUBSCRIBE in the Subject line.  
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To All ENN PPG Network Members ...  
[Copy ENN Area Practice Managers]  
[Printed copies to those members without email]

ENN PPG Network Reps: Please cascade this bulletin to your PPG members.

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to the November bulletin for Ealing North North PPG Network members.

#### **ENN PPG Network Meeting – Minutes & Agenda**

Our next Network meeting is scheduled for **Tuesday 10 November, 1830hrs at Northolt Community Centre**, Ealing Road, Northolt, UB5 6AD

**Note the change of venue** from last time; we are going back to Northolt Community Centre where we had the first meeting in March. If you aren't sure where it is, then please ask me!

The agenda for the meeting will be:

1. Introductions & Apologies (5 mins)
2. Approve Minutes of Previous Meeting (5 mins)
3. Discuss & Review Top Three Priorities 2015-17 (20 mins)
4. Project Updates (10 mins)
  - Directory of Services (Suzanne)
  - Expert Patients (Suzanne)
  - Patient Promise (Keith)
  - Patient Education
  - "Your Healthcare Services in NW London" booklet (Suzanne)
5. Organisation Updates (10 mins)
  - Consent Form (Keith)
  - Document Repository/Online Access (Jill)
  - Finance & Expenses (Keith)
6. 2016 Meeting Dates (5 mins)
7. Share & Exchange (5 mins)
8. Chairman & Vice-Chairman Reports (5 mins)
9. Other Matters Arising & AOB (5 mins)

We (myself, Jill, Suniel and Noreen) have reworked all the various suggestions on priorities, activities *etc.* made since the March meeting – including those from the last meeting – and revamped them into three major focus areas. These are documented in the attached "Priorities" document and will I hope form the basis of the discussion in agenda item 3.

A copy of the minutes of the last meeting is also attached.

#### **Stay Well this Winter**

This annual NHS campaign aims to help you protect your health, and that of those for whom you care. Winter conditions can be seriously bad for our health, especially for people aged 65 or over, and people with long-term conditions. I've attached a copy of the essential advice from the [NHS Choices website](https://www.nhs.uk/choices/).

Leading on from this, **Self Care Week** is on 16-22 November. The aim is to help people take care of themselves and let them know what's available to help them look after their health. Find out more from the [Self Care Forum](#) or [NHS Choices](#).

### **New National Vision & Strategy for Nurses, Midwives & Care Staff**

The national nursing team are hosting an initial informal discussion with groups of patients and public in each region from which they will prepare a 'new vision' for further full consultation between now and next March. A copy of the invitation is attached.

### **GPs and Hospital Referrals**

Over the last week or so there has been quite a bit of attention in the media to reports that GPs are "wasting" significant amounts of time re-referring patients to hospitals for outpatient appointments, and what the government is proposing to do about it. Here are two reports:

- From GP Online: [GPs demand end to 'scandalous' waste of 14m appointments from repeat hospital referrals](#)
- From BBC News: [Jeremy Hunt acts on 'time-wasting' referrals](#)

### **Local Health Service Ratings**

The Health Secretary is also proposing new 'Ofsted style' ratings to show patients how their local health service is performing in crucial areas, including cancer, dementia, diabetes, mental health, learning disabilities, maternity care. There are more details on the DoH webpages at <https://www.gov.uk/government/news/health-secretary-outlines-measures-for-greater-patient-power>.

### **Patients' View of 7-Day GP Services**

Also in the last week or so there has been a report in the *Guardian* that an evaluation for NHS England has shown that patients are reluctant to attend GP surgeries on Saturday afternoons and Sundays, leading some practices to have already withdrawn the service. I've not heard that this has happened in Ealing. The full report is at <http://www.theguardian.com/society/2015/oct/30/patients-wary-of-david-camersons-plan-for-7-day-gp-services>.

### **So what does the NHS Spend its Money on?**

The NHS is the world's fifth biggest employer and spends over £2billion a week. But what is it spent on? A recent *Daily Telegraph* investigation has highlighted some of the things the money goes on – everything from gardening and loo roll to knee replacements and end of life care. Perhaps more surprising is how some areas are getting hugely better value for money than others. No wonder the government are mounting a productivity review. Full report at <http://www.telegraph.co.uk/news/health/11718631/Aspirin-loo-roll-and-surgery-true-cost-of-the-NHS-revealed.html>.

### **NAPP eBulletin**

The latest eBulletin from NAPP is attached. It contains pointers to several items I haven't already covered.

### **Healthwatch Ealing News**

As always there is much more news about the NHS and healthcare than I can cover here. You can find summaries of some of the most important items on the Healthwatch Ealing news page at <http://www.healthwatchealing.co.uk/news>.

Don't forget the **Healthwatch Ealing Drop-in Service** on the last Friday of the month and **Signposting@Healthwatch Ealing**. Find out more at <http://www.healthwatchealing.co.uk/content/find-services>, by phone on 0800 014 7306 or 020 8280 2277 or by email to [signposting@healthwatchealing.co.uk](mailto:signposting@healthwatchealing.co.uk).

A reminder that you can find copies of the regular Healthwatch Ealing flashes at <http://www.healthwatchealing.co.uk/flash-healthwatch-ealing>. They contain involvement opportunities and items on local healthcare issues. As they are several pages I don't attach them here, but I am circulating them by email when they appear.

I hope to see you all at the meeting on 10<sup>th</sup>.

Keith

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