

## Keith Marshall

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**From:** Barnabas MC PPG <barnabas.ppg@gmail.com>  
**Sent:** 07 October 2015 14:54  
**To:** Barnabas MC PPG  
**Subject:** Barnabas PPG Monthly Bulletin, October  
**Attachments:** Ebulletin SEPT 2015 FINAL.pdf; PPG\_Minutes\_20150915.pdf

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[Please do NOT use "Reply All".]

To All Barnabas PPG Members ...  
[Printed copies to those PPG members without email]

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to the October bulletin for Barnabas PPG members. Just a reminder that the ENN PPG Network monthly bulletin is attached below and this top section contains items which are Barnabas PPG specific – which this month is not very much!

### PPG Meeting, Monday 15 September, Minutes

Attached is a copy of the minutes from our meeting of 15 September. This was a very busy meeting considering both the PPG and the Practice's priorities for the next 12-18 months, so do please read the minutes.  
Some of us will be working over the next few weeks to expand on the priorities and I plan to report further at our next meeting, if not before.

### Next Meeting, AGM

The next meeting is our **AGM on Monday 16 November**, 1800 hrs at the Medical Centre. At the meeting I will be presenting my Annual Report, looking to elect a Vice-Chairman (for which I expect someone to volunteer!) and following up on the work on our priorities. I'll circulate the full agenda and draft Annual Report in the November members' bulletin.

### Flu Vaccinations

Don't forget that flu vaccinations are now available. There are also a number of other vaccinations available this year for differing groups of people:

- Meningitis B, for babies
- Meningitis ACWY, 17 & 18 year olds and new university students
- Shingles, for those aged 70 or 78 to 80
- Pneumococcal vaccine, for those aged over 65

If you are eligible, please make an appointment for your injection. If you need to check your eligibility then please ask at Reception

That's all for this month, but do keep an eye open as I sometimes get last minute notice of useful local events or opportunities for involvement and feedback.

Keith

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**From:** Ealing NN PPG Network [mailto:[enn.ppg.network@gmail.com](mailto:enn.ppg.network@gmail.com)]  
**Sent:** 07 October 2015 13:43

**To:** Ealing NN PPG Network <enn.ppg.network@gmail.com>  
**Subject:** Ealing North North PPG Network Monthly Bulletin, September

To All ENN PPG Network Members ...  
[Copy ENN Area Practice Managers]  
[Printed copies to those members without email]

ENN PPG Network Reps: Please cascade this bulletin to your PPG members.

[If you can't read any of the attached documents, or want printed copies of anything mentioned, please contact me and I'll try to send you a copy.]

Welcome to the October bulletin for Ealing North North PPG Network members. There seems to be a lot going on this month, so let's get going.

### **ENN PPG Network Meeting, 29/09**

I was disappointed to have to miss our September meeting due to illness, so very many thanks to Suzanne Lyn-Cook of Healthwatch Ealing for running the meeting and to Hamdi Issa (also HWE) and Noreen Marshall for notes which will be turned into some minutes over the coming week or two.

Our next meeting is scheduled for **Tuesday 10 November**, 1830 hrs; venue to be decided. At this we will pick up on the items which were of necessity left over from the September meeting; full agenda in early November. Any member who needs an item including on the agenda, please let me know before the end of this month.

Just a reminder that our meetings are intended for the designated representatives of each of the Ealing North North Area PPGs, however members of PPG's in our area (Ealing North North) and practice staff will be welcome to attend.

### **Meet with Health and Social Care Commissioners about Issues from the Deaf and Hearing Loss Community**

Healthwatch Ealing are hosting this event on 16 October, 1500 hrs at Ealing Town Hall. You can find the flyer at [http://www.healthwatchealing.co.uk/sites/default/files/deaf\\_event\\_poster\\_16\\_oct\\_2015.pdf](http://www.healthwatchealing.co.uk/sites/default/files/deaf_event_poster_16_oct_2015.pdf).

### **Care at Home for Ealing Residents**

Home ward Ealing is a new, consultant-led, health and social care service to provide safe and flexible out-of-hospital care to people requiring short-term intensive support at home either after a stay in hospital or to prevent un-necessary admission. The service is provided by a partnership of NHS providers, led by West London Mental Health Trust. Ealing CCG and Ealing Council are jointly funding the service. There is a copy of the press release at [http://www.healthwatchealing.co.uk/sites/default/files/home\\_ward\\_ealing\\_press\\_release-1\\_oct\\_2015\\_pdf.pdf](http://www.healthwatchealing.co.uk/sites/default/files/home_ward_ealing_press_release-1_oct_2015_pdf.pdf).

### **Quarter of GP Appointments Wasted**

An independent study, widely reported in the media, has found that more than one-in-four GP appointments are being wasted by problems that could be dealt with at home, or because of failing communication between doctors and hospitals. There is more information in [this report](#) from the *Guardian* of 4 October.

### **News Round-up**

Because it is political party conference season there are innumerable reports of speeches and initiatives in the press at present. I was going to cover them but there are so many it is almost impossible to keep up, so just a few bullets instead:

- Various organisations, and especially the Royal College of General Practitioners, are saying that the government's plans for 7-day GP opening are unachievable.
- Junior doctors (who mostly work in hospitals) are up in arms at the government's proposals to impose a new contract from 2016. The junior doctors say the new contract will mean a significant salary cut and even longer working hours. Strike action is being talked about.
- Health Secretary Jeremy Hunt has announced plans to give patients in England access to the entirety of their medical records (not just GP notes) by 2018, and to let them read and add to their GP record using their smartphone within a year. Needless to say both patients groups and the BMA (on behalf of doctors) have concerns over the privacy and confidentiality of this. Wearing my "computer professional" hat I must say this looks to be overly ambitious when one thinks of the scale of hospital records still kept on paper – unless there is a massive injection of cash and manpower to scan all paper.
- George Freeman, Minister for Life Sciences, is challenging the NHS to make the most of research and innovation. He is charged with accelerating the uptake of transformational technologies in 21st century medicine. The vision is for the NHS to embrace innovation and become a true early adopter of new technology to help tackle the urgent productivity challenge of delivering better health outcomes for every pound.

### **NHS Atlas of Variation in Healthcare – 2015**

For those of you who are interested in digging through statistics, the 2015 edition of *NHS Atlas of Variation in Healthcare* has recently been published. It contains 102 maps detailing, by CCG, the widespread variation in the quality, cost, activity and outcomes of healthcare in the NHS in England. You can look at the maps online, or download the full report, at <http://www.rightcare.nhs.uk/index.php/atlas/nhs-atlas-of-variation-in-healthcare-2015>.

### Health Education

"What is a uterus?" Yes, that was a real question quoted in a [recent article](#) by a doctor in the *Guardian* about the public's lack of education, knowledge and willingness to discuss health issues.

Health illiteracy is associated with poor surveillance, delayed diagnosis, problematic compliance and worse outcomes. Health-illiterate patients ask fewer questions, visit doctors less, and rely more on anecdotes and myths. These patients are poor at self-care and they make for poor carers.

Being health literate lies at the heart of better health. The article is well worth reading.

### The Myth of the Baby Boomer

A consortium of charities, including Age UK, have recently produced a report aiming to bust the myth of the "never had it so good" baby boomers. Across the UK and internationally, there is a growing media perception that all boomers have it good at the expense of the younger population. The report does not seek to compare young with old but simply to highlight that amongst the boomer population there is significantly more diversity than is often recognised – and that is right across the spectrum from housing to health and fitness – with many not being anywhere near rich and comfortable. Read the full report at [http://www.ageuk.org.uk/Documents/EN-GB/Ready%20for%20Ageing/RFA\\_myth\\_of\\_the\\_baby\\_boomer.pdf?dtrk=true](http://www.ageuk.org.uk/Documents/EN-GB/Ready%20for%20Ageing/RFA_myth_of_the_baby_boomer.pdf?dtrk=true).

### Community Toilet Scheme

And finally, here's one I didn't know existed: the Community Toilet Scheme which exists in many local authority areas. The scheme enables local businesses like cafes, restaurants and shops, to work with their local council to make more clean, safe and accessible toilets available to all. You can use the facilities during the businesses' opening hours without the need to buy anything. Those businesses taking part are paid to allow members of the public to use their toilets and display a sticker in the window. There is more information, and a list of participating Ealing businesses, at [http://www.ealing.gov.uk/info/200508/street\\_care\\_and\\_cleaning/200/public\\_toilets/4](http://www.ealing.gov.uk/info/200508/street_care_and_cleaning/200/public_toilets/4).

### NAPP eBulletin

The latest eBulletin from NAPP is attached.

### Healthwatch Ealing News

As always there is much more news about the NHS and healthcare than I can cover here. You can find summaries of some of the most important items on the Healthwatch Ealing news page at <http://www.healthwatchealing.co.uk/news>.

Don't forget the **Healthwatch Ealing Drop-in Service** on the last Friday of the month and **Signposting@Healthwatch Ealing**. Find out more at <http://www.healthwatchealing.co.uk/content/find-services>, by phone on 0800 014 7306 or 020 8280 2277 or by email to [signposting@healthwatchealing.co.uk](mailto:signposting@healthwatchealing.co.uk).

A reminder that you can find copies of the regular Healthwatch Ealing flashes at <http://www.healthwatchealing.co.uk/flash-healthwatch-ealing>. They contain involvement opportunities and items on local healthcare issues. As they are several pages I don't attach them here, but I am circulating them by email when they appear.

More next month.

Keith

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