

Barnabas MC PPG

From: Barnabas MC PPG <barnabas.ppg@gmail.com>
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To All Barnabas PPG Members ...
(Printed copies to those without email)

A happy New Year to everyone, and welcome to the January bulletin for Barnabas PPG members. It seems strange to be writing this so early, when it feels that the holidays aren't really over! And of course because of the holidays this month's bulletin is a bit shorted than usual.

[If you can't read any of the attached documents, or need printed copies of anything mentioned, please tell me and I'll try to send you a copy.]

PPG Meeting, Tuesday 13 January – Agenda

Our next meeting is on Tuesday 13 January, 1400 hrs, St Barnabas Church Hall.

The agenda is:

1. Introductions
2. Minutes of Previous Meeting
3. 2015 GP Contract
4. PPG "Forum" Meetings
5. Talk for March and/or May
6. Share & Exchange
7. Practice Updates
8. PPG Updates
9. AOB

PPG 2015 Meeting Dates

PPG meetings are planned for the following dates this year:

Tuesday 13 January. 1400 hrs. St Barnabas Church Hall
Monday 16 March. 1800 hrs. Medical Centre
Tuesday 12 May. 1400 hrs. St Barnabas Church Hall
Monday 13 July. 1800 hrs. Medical Centre
Tuesday 15 September. 1400 hrs. St Barnabas Church Hall
Monday 16 November. 1800 hrs. Medical Centre. (This is our AGM)

Please put these dates in your diary.

PPG Coffee Morning

One of the projects we agreed for this year is to hold a Saturday coffee morning as a way of encouraging our patients to engage with us and learn more about our work. Jacqui Piper and Janet Bettaccini are working with the Practice to organise this for Saturday morning, 21 February – so please plan to come along and mark the day in your diaries. More details next month and keep an eye out for a poster in the waiting area.

CQC Inspection of Ealing GP Practices

CQC have announced that they will be inspecting GP practices in Ealing during the first quarter of this year. So at some point before the end of March Barnabas Medical Centre will be inspected. If you would like to give CQC feedback on the Practice then you can do so at any time online at <http://www.cqc.org.uk/share-your-experience-finder>. In addition CQC always like to talk to patients as a part of the inspection; if you are happy to be called on at short notice to talk to CQC then please let either our Practice Manager (Matt Edwards) or I know.

Flu Survey

Flusurvey is an online system for measuring influenza trends in the UK by collecting data directly from the general public, rather than via hospitals or GPs. This is particularly important because many people with flu don't visit a doctor so don't feature in traditional flu surveillance. Anyone who lives in the UK can register to take part. Participation is entirely voluntary, and information is collected for research purposes only. All analysis is carried out on anonymous datasets. Flusurvey is a collaboration between Public Health England and several UK universities. More information about participating in Flusurvey can be found at <http://flusurvey.org.uk>.

Ealing Council Wins Award as NHS Health Check Champion

Ealing Council has won an award in recognition for its outstanding delivery of the NHS Health Check programme: in 2013/14 13,023 NHS Health Checks were conducted in Ealing – the highest in London and the third highest nationally. The NHS Health

Check programme began in 2009, and addresses the top seven causes of preventable early death: smoking, high blood pressure, obesity, physical inactivity, alcohol consumption, poor diet and raised cholesterol. People aged between 40 to 74 who have not had an NHS Health Check in the last five years (and who have not already been diagnosed with certain conditions or risk factors) will be invited for a free NHS Health Check.

NAPP eBulletin

The December eBulletin from NAPP is attached.

Healthwatch Ealing News

As always there is much more news about the NHS and healthcare than I can cover here. You can find summaries of the most important items on the Healthwatch Ealing news page at <http://www.healthwatchealing.co.uk/news>.

Don't forget the **Healthwatch Ealing Drop-in Service** on the last Friday of the month and **Signposting@Healthwatch Ealing**. Find out more at <http://www.healthwatchealing.co.uk/content/find-services>, by phone on 0800 014 7306 or 020 8280 2277 or by email to signposting@healthwatchealing.co.uk.

A reminder that you can find copies of the regular, weekly-ish, Healthwatch Ealing flashes at <http://www.healthwatchealing.co.uk/flash-healthwatch-ealing>, which contain involvement opportunities and items on local healthcare issues. As they are several pages I don't attach them here, but I am circulating them by email when they appear.

Next PPG Meeting

Tuesday 13 January, 1400 hrs, St Barnabas Church Hall.

All our meetings are open to anyone who is a patient, the carer of a patient or a member of staff of Barnabas Medical Centre.

Keith

Dr Keith C Marshall [*not a medic*]
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