

Keith Marshall

From: Keith Marshall <kcm@cix.co.uk>
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To: Keith Marshall
Subject: Barnabas PPG Monthly Package, October
Attachments: NAPP_Ebulletin_201309.pdf; PPG_Minutes_20130917.pdf; Invitation to design workshop (ECCG).pdf; AboutEaling.pdf; Contact_Meeting_Minutes_20130726.pdf; Contact_Meeting_Minutes_20130830.pdf

To All Barnabas PPG Members ...
(Printed copies to those without email)

Welcome to the October monthly package for Barnabas PPG members. This issue contains some important opportunities.

[If you can't read any of the attached documents, or need printed copies of anything mentioned, please tell me and I'll try to send you a copy.]

September PPG Meeting

The minutes of the meeting held on Tuesday 17 September are attached.

Meeting Dates & Venues for 2014

As you will see from the minutes of the meeting we have agreed to continue to meet every two months, alternately on Monday evening and Tuesday afternoon, if possible at St Barnabas Church Hall. Watch this space for confirmed dates for next year.

Ealing CCG Consultation

Ealing CCG are running workshops, on 22 October and 6 November under the banner ***Help design YOUR local care services workshops***. These are to allow Ealing residents to participate in the design of local services. The invitation document is attached; if you wish to go to either of these sessions then please book with the CCG.

If you cannot attend either of these sessions, as I cannot, then there is an alternative opportunity in an informal drop-in session at the Lido Centre, Mattock Lane, W13 between 0830 and 1630 on Thursday 24 October. Details of this are also in the invitation document.

NHS England: Putting Patients First Video

Since it began in April 2013, NHS England has been working hard to improve transparency and health services for patients. They have produced a short, glossy, video highlighting just some of the ways in which they have been doing this. Yes it tells a good story and there is still much to do, but it does show that the NHS is now trying to focus much more on what patients want and giving them the chance to be involved in shaping services. If you have internet access you can watch the video on [YouTube](#).

NHS – A Culture of Change

The fact that I am writing this shows that there is now a culture change within the NHS. It may not yet be fully formed, but it is there. As a part of this, over the next couple of months I am representing Healthwatch Ealing (and that means all the residents of Ealing) at several NHS patient involvement/consultation events to do with primary care and GP revalidation. I am also part of the local Healthwatch team which is starting to look at the factors which stop people getting to see a GP; this is with a view to recommending changes. A parallel project will be looking at reasons for attendance at A&E, which may or may not be related to access to GPs.

Healthwatch Ealing Weekly Flash

HWE are issuing a weekly-ish news flash by email. I'm not proposing to flood you all with copies of the flashes as they are being posted on the Healthwatch website at www.healthwatchealing.co.uk/flash-healthwatch-ealing. I notice that the very latest issues are not there, but I have asked that they be posted promptly when issued as they often contain time-sensitive information. I will continue to highlight here any items which I consider of outstanding interest.

Healthwatch Ealing Leaflets

As mentioned in the minutes of our last meeting, Healthwatch have produced several useful leaflets and flyers. Two important ones are:

Your Voice. This is a feedback card which allows anyone to tell Healthwatch about experiences (good and bad) with their health or social care. While this is merely anecdotal data, when put together (anonymously) this provides valuable pointers towards good and less good service provision. It is important that we do tell our stories, and help our friends and neighbours also to do so. Cards should be available from the Medical Centre.

Signposting. Healthwatch Ealing has a telephone helpline providing information about health and social care services in the borough. Contact them on 08000 147 306 (calls are free). Information is also being provided online at <http://www.healthwatchealing.co.uk/content/find-services>.

About Ealing

You do read the *About Ealing* magazine which the council distributes every month to Ealing residents don't you? No? Well you should because it sometimes contains useful information. There is a one page piece in the October issue pointing out that some 78,000 Ealing residents are eligible for a free NHS health check. Basically if you are between 40 and 74 and have not already been diagnosed with certain conditions or risk factors, then you are eligible. As always there is much more online at www.nhs.uk/nhshealthcheck and I'm attaching a copy of the page from *About Ealing*. If in doubt, please ask at the Medical Centre.

NAPP eBulletin

The September eBulletin from NAPP is attached. This contains several useful items including a call for people to get involved in research on primary care and a reminder about the new Shingles vaccination for those between 70 and 79.

PPG/Practice Manager Contact Meetings

Finally, as you will also see from the minutes of the last meeting I am now having monthly contact meetings with Paul Ranken, our Practice Manager. The intention is that we ensure we talk from time to time to discuss anything of joint interest and help keep the ball rolling. Paul has kindly agreed that we publish the minutes of our meetings and I will put them up on the Practice website in the near future. Meanwhile the minutes of the July and August meetings are attached (we didn't meet in September).

Next PPG Meeting: Monday 11 November, 1800 hrs at the Medical Centre. This meeting will be our first AGM so I will be producing an annual report. We also hope to have someone from Ealing CCG to talk to us about the 111 service. All our meetings are open to anyone who is a patient, the carer of a patient or a member of staff of Barnabas Medical Centre.

More in early November ...

Keith

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